



## Sucheta Kamath

### Curriculum Vitae

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#### Education & Training

- **Board Certification in Neurogenic Communication Disorders (BC-NCD)** November 1999  
Academy of Neurogenic Communication Disorders Rochester, MN
- **Master of Arts in Speech-Language Pathology** March 1993  
Ohio University Athens, OH
- **Master of Arts in Linguistics** June 1991  
University of Bombay Bombay, India
- **Bachelor of Science in Audiology and Speech Therapy** June 1986  
University of Bombay Bombay, India

#### Clinical Experience

**Cerebral Matters, Private Practice** January 2001 – present  
Cognitive Rehabilitation/Executive Function Specialist Atlanta, GA  
Speech-Language Pathologist

- **Clinical Assessment and Interventions**
  - Administered diagnostic procedures to children, adolescents, and adults with cognitive and Executive Dysfunction, linguistic dysfunction, and reading and writing deficits resulting from varying diagnoses including Traumatic Brain Injury (due to motor vehicle accidents, falls, etc.), tumors, aneurysms, cardio-vascular accidents (CVAs), seizure disorders, ADHD (Attention Deficit Hyperactive Disorder), NVLD (Non-Verbal Language Disability), and LLD (Language Based Learning disability)
  - Provided weekly interventions to help develop cognitive-linguistic competence, social-emotional development, and Executive Function skills in the context of academic, personal, and job-related skills

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- Offered life-skills training to develop adaptive competence to apply in contexts outside the clinical setting, such as the classroom, home, and daily life
- **Specialized Group Programs**
  - Developed and have been successfully running several 10-day as well as 10-week long group training programs for the past 12 years addressing challenges in the areas of cognitive, linguistic, social, and Executive Function skills.
    - List of Programs
      - Working Memory Training
      - Social Cognition Training (SCT)
      - Executive Study Strategies (ESS)
      - Back to School (BTS)
      - Academic Mastery Program
      - Auditory Processing Training
      - Abstraction and Critical Thinking Training
      - Written Language Fundamentals
      - Fundamentals of Lateral Thinking - Thinking beyond the obvious
      - STEPS-Academic & Professional Reentry Training for patients with MTBI (Mild Traumatic Brain Injury)
    - Training levels
      - Level 1 - Elementary School children
      - Level 2 - Middle School children
      - Level 3 - High School children
      - Level 4 - College School children
    - Group size 6-8 students/members
- **Consultation**
  - Worked as a consultant with several private and public schools in Greater Atlanta area and educated the teaching staff as well as the students about Executive Dysfunction
  - Consulted with various local public and private school to provide strategies to the teachers and discuss accommodations for their students to improve performance and academic success
  - Directed various team meetings and IEP meetings to discuss diagnosis and intervention for students who are currently receiving cognitive remediation
- **Parent Training Workshops**
  - Conducted quarterly workshops titled **“Parenting a Disorganized Child”** to discuss nature of executive dysfunction in children with ADHD and provide home management strategies

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- **In-services**

- Provided an ongoing in-service to professional staff and community members in hospitals, schools and community centers regarding management of cognitive impairments as a result of mild brain injury and managing executive dysfunction in children with ADHD

**Massachusetts General Hospital & Private Practice**

Cognitive Rehabilitation Specialist

Speech-Language Pathologist

**Feb 1994 – July 2001**

Boston, MA

- Developed the **"Steps to Success,"** an intense comprehensive seven-week outpatient cognitive rehabilitation program for adults and adolescents with Mild Brain Injury with academic, professional, or vocational goals
- Directed **"Brainwaves,"** a monthly educational, social, and therapeutic support group meeting for the **"Steps to Success"** patient graduates and their families/friends
- Administered diagnostic procedures and treatment to adolescents and adults with higher level of cognitive/linguistic, reading and writing deficits resulting from varying diagnoses of brain injury such as MVA, fall, tumors, aneurysms, right/left CVA, seizure disorders, etc.
- Developed original creative material for treatment of students and adult patients with cognitive impairments leading to functional deficits
- Provide ongoing in-services to hospital professional staff and community members regarding management of cognitive impairments as a result of mild brain injury
- Developed clinical/educational Neuro-Rounds (bi-monthly) by collaborating with Psychiatry and Neurology Departments
- Frequently invited as a speaker at the Aneurysm Support Group Meeting and Tumor Support Group Meeting about attention, memory, and Executive Functions problems
- Administered diagnostic procedures and treatment to adolescents and adults with attention deficits and non-verbal learning disability
- Administered diagnostic procedures and treatment to transgender or transgendered adults with voice disorders
- Supervised students and clinical fellows during their clinical placement at the hospital
- Served as member of the hospital clinical committee on **Ethics Education** through collaborative governance at the MGH hospital
- With the help of patients, started a quarterly **Brainwaves Newsletter** to provide continuation of education and resources to patients with mild brain injury

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## Entrepreneurship

ExQ™

2014 – Present

Founder/CEO

Atlanta, GA

- **Founder and CEO of ExQ™**, an educational software designed to train self-awareness and teach learning how to learn. By developing Executive Function skills in children, adolescents, and adults, this tool hopes to promote self-optimization and strategic thinking.
  - Learning management software that translates learning into the development of optimal proficiency and self-efficacy
  - Game-based training to develop cognitive, social, and learning habits
  - Virtual coaching and error analysis training to help build self-awareness
  - Feedback about performance accuracy, self-awareness, and strategy generation
  - Builds tools and habits that will carry into the user's real-world experiences

## Curriculum & Professional Development

**"Organize Your Brain at School" (ORYBAS™) Training Program**

Sept 2007 – May 2010

- Developed a pioneering Teacher Training Program called **"Organize Your Brain at School" (ORYBAS™)** that offers Curriculum Based Strategies to Enhance Executive Functions/Management Skills in School Aged Children
  - Offered 10 PLUs (professional learning Units recognized by State of Georgia) or 100 hours of training
  - Intense first year implementation followed by two years of adaptive refinement to support generalization
  - Five major components: 1. Lectures for Professional Development 2. Guided creation of ORYBAS™ lesson plans, 3. Classroom observations and written and video feedback 4. Didactic group discussion 5. Student training
  - Supervised implementation of special support for students with poor Executive Function skills

### Observations of Executive Function Skills in School Aged Children

- Developed an Executive Function inventory called **"Observations of Executive Function Skills in School Aged Children"** to assess Executive Function skills relevant for academic purposes
  - Specialized inventory for teachers to track student behaviors and provide feedback on Executive Function competence

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- Restructured Student Report Cards in order to address observable classroom behaviors and self-regulatory challenges during execution of tests/quizzes or papers and projects
- Gathered preliminary data and refined the rating protocol

## Podcast Host

### Full PreFrontal: Expositing the Mysteries of Executive Function

2017 – Present

- Explores the challenges and complexities of organizing one's life
- Features weekly conversation with researchers, neuroscientists, educators, learning experts, and thought leaders who have expertise in cognitive/educational/social psychology, anthropology, learning and education, psychiatry, neurology, behavioral economics, special education, etc.
- Designed for an audience that includes educators, parents, speech-language pathologist, psychologists, occupational therapists, and the general public who is interested in personal growth and self-development
- Provides listeners with succinct takeaways for immediate applicability

## Leadership

- **Founder and Weekly Volunteer of GSHA Gives!**, a free communication training program aimed at teaching job re-entry skills for men who are previously homeless. Have provided 100 hours of free therapy since October 2017 2017- present
- **Member of Leadership Atlanta Class of 2015:** Selected among 400 elite applicants to receive Metro Atlanta's signature nine-month, executive-level leadership development series. Through retreats, full-day seminars, service projects, discussion groups and community tours, members explore critical community issues, examined themselves as leaders, and built relationships of trust and mutual understanding 2015-2016
- **Founding Member of Georgia Speech-Language Hearing Foundation**, a 501(c)(3) established in 2016 for the purpose of promoting and developing philanthropic, scientific, and educational initiatives to improve the quality of life for individuals who experience speech, language, swallowing, or hearing impairments, as well as the clinicians and teachers those who serve them. 2016-present
- **TEDx Speaker** at an independently organized TEDx Peachtree event, giving a presentation titled "Tune Up Your Mental GPS" November 2012
- **President** of the Georgia Speech-Language Hearing Association 2017-2018

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- **Nominated & Selected Member of the International Issues Board** of the American Speech-Language Hearing Association (ASHA) **2019-2021**

## Honors & Awards

- **Professional Achievement Award** – given by the Georgia Speech-Language-Hearing Association (GSHA) in 2016. This award recognizes outstanding professional contributions in the areas of speech, language, and/or hearing disorders, and innovative program design or therapeutic methods for individuals with speech, language, and/or hearing disorders
- **Award of Clinical Excellence (ACE)** – granted by American Speech & Hearing Association (ASHA) in 2016, 2013, 2002, 2000, 1999, 1997 and 1996. It is a formal recognition of professionals who have demonstrated their commitment to lifelong learning by earning 7.0 ASHA continuing education units (CEUs), the equivalent of 70 contact hours, within a 36-month period.
- **Stephanie Macaluso Expertise in Clinical Practice Award** – granted by the Massachusetts General Hospital affiliated with Harvard Medical School (January of 2000). This award is presented in honor of practice that is innovative, caring, guided by knowledge, built on inquiry, and based on a foundation of leadership and entrepreneurial teamwork.
- **Partners in Excellence Award** – granted by the Massachusetts General Hospital affiliated with Harvard Medical School (December of 1999) for leadership and innovation. This award is presented annually to individuals and teams throughout the Partners HealthCare System for their exemplary performance and strong contribution to Partners.
- **Award of Fluency Disorders Specialist** – granted upon completion of the “Workshop for Specialist” sponsored by the Northwestern University and the Stuttering Foundation of America (July of 1997)

## Leadership Training & Professional Coaching

**ExQ Leadership Institute** 2015 – Present  
Founder/Leader/Coach Atlanta, GA

- **Workplace Success: Building powerful communication, robust relationships and stronger teams** March-May 2018  
This is workplace training is designed to help employees to develop insights into the factors that shape workplace satisfaction and inter-personal and intra-personal communication. It provides a concrete framework and usable tools to empower employees.

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- **"NeuroLeadership: Applying neuroscience to a self-directed leadership"** April 1, 2017  
This Keynote speech was given to address volunteer Training for Vibha (a US-based, non-profit organization that ensures health, education and economic opportunities for underprivileged children in India) Atlanta, GA
- **Learning Leaders of Tomorrow** December 2016  
This youth development workshop highlights key neuroscience findings regarding how the brain activates high-level cognitive process in order to facilitate strategic thinking, social reasoning, and creative problem-solving to reach the apex of learning leadership. San Ramon, CA
- **Self-Optimal Leadership & Vertical Development** August 2016  
Delivered leadership seminar for incoming professionals of Leadership Atlanta - Class of 2016-17 centered around relationship between inward professional growth, effective communication, and expands their circle of influence. help them identify and use proven strategies, tactics, and techniques to communicate clearly, leave a lasting impression and maximize potential.
- **Work-Flow Optimization** June 2015  
Professional development workshop

## Professional Presentations (Past 5 Years)

- Keynote speaker at the C.J. Davidson Memorial Lecture Series: Advances in Literacy at The Scottish Rite Learning Center of West Texas on "Demystifying Executive Function, Self-Regulation, and Organization" February 22, 2019  
Lubbock, TX
- Presented at the Montana Speech-Language-Hearing Association Annual Convention on "Cognitive and Executive Function development and training for all kinds of brains: Closing the gap between theoretical framework and practical application" October 19, 2018  
Helena, MT
- Presented at the International Dyslexia Association – Indiana Branch Solution Saturday One Day Symposium on "Executive Function Skills: Learning and Teaching" October 6, 2018  
Indianapolis, IN
- Presented at the International Dyslexia Association – Georgia Branch Annual Conference One Day Symposium on "Training Executive Functions to Create Self-Aware and Strategy-Centered Students" November 8, 2017  
Atlanta, GA
- Presented at the Georgia Speech-Language Hearing Association Annual Convention Pre-Conference on "Cognitive Development and Cognitive February 16, 2017  
Athens, GA

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- Training for All Kinds of Brains: Closing the Gap Between Theoretical Knowledge and Practical Application".
- Presented at the International Dyslexia Speaker Showcase on "Classroom Problem Solving: Executive Functioning for Classroom Success" October 8, 2016  
Seattle, WA
  - Presented at the iGAPS Workshop on "Managing Executive Function Disorder Through Self-Regulation" April 29, 2016  
Kansas City, KS
  - Presented at the International Dyslexia Association – Georgia Branch Annual Conference on "Study Skills, Technology, and School Survival" February 20, 2016  
Atlanta, GA
  - Presented at the International Dyslexia Association – Dallas, TX Branch Annual Conference on the "Neuroscience of Executive Dysfunctions" February 4, 2016  
Dallas, TX
  - Presented at the Georgia Association for Positive Behavior Support Conference on "Creating Self-Sufficient Learners: Applying the Science of Self-Control and Delayed Gratification to Academic Management". December 2, 2015  
Atlanta, GA
  - Presented to the Leadership Atlanta Organizers at the Annual Retreat July 10, 2015  
Atlanta, GA
  - Spoke to the Buckhead Business Association on "Self-Optimization: Workflow Management" April 23, 2015  
Atlanta, GA
  - Presented at the Learning & The Brain Conference on "Improving Executive Function, Information Processing and Test Taking". November 20, 2014  
Boston, MA
  - Presented at the Topiwala National Medical College workshop on "Neuroscience of Executive Function". September 3, 2014  
Mumbai, India
  - Presented at The Children's School University workshop on "INDEPENDENCE – Executive Functions in Elementary Students: Setting the Stage for Later Independence". June 17, 2014  
Atlanta, GA
  - Presented at the Eshe's Learning Centre Conference on "Executive Functioning 101: Strategies for Success in the Classroom". May 1, 2014  
Trinidad
  - Presented at the Georgia Speech-Language Hearing Association Annual Convention on "Practical Management of Executive Dysfunction & Disorder of Self-Regulation In TBI". February 8, 2014  
Atlanta, GA
  - Presented at the Georgia Independent Schools Association on "When the Best Practices Don't Work: Meeting the Executive Function Needs of All Students". November 4, 2013  
Atlanta, GA
  - Presented at the Sanford Medical Center Focus on Brain Injury workshop on "Managing Cognitive, Social and Emotional Challenges With TBI." November 2, 2013  
Sioux Falls, SD

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- Presented to the Forsyth County special education teachers on "Executive Functions & Executive Function Disorder: Strategies for Success in The Classroom". September 18, 2013  
Cumming, GA
- Presented an online 2-part Webinar for the Brain Aneurysm Foundation on "Managing Cognitive, Social and Emotional Challenges After Ruptured or Treated Aneurysm". February 19 &  
March 19, 2013
- Presented at the 23rd Annual Dimensions of Dyslexia Conference by the International Dyslexic Association of Georgia "Teaching Self-Regulation in the Classroom" February 2, 2013  
Atlanta, GA
- Featured Expert for a week for ImpactADHD ([www.impactadhd.com](http://www.impactadhd.com)) February 2013

## Parent Presentations (Past 5 Years)

- Presented at the Westminster Schools on "From Super-connected to Super-Prepared: Applying Executive Function Strategies to Everyday Preparedness For Highly wired kids" October 16, 2018  
Atlanta, GA
- Presented at the Westminster Schools on "Hit the Pause Button: Practical Neuroscience for Everyday Executive Functioning" March 23, 2018  
Atlanta, GA
- Presented at Heard's Ferry Elementary school on "Raising Organized Kids" January 24, 2018  
Atlanta, GA
- Presented at the Davis Academy on "Road to Excellence: Building Strong Executive Functions" October 18, 2017  
Atlanta, GA
- Presented at the Vibha College Readiness Outreach Program as an expert panelist July 29, 2017  
Atlanta, GA
- Presented at the Woodward Academy on "Road to Excellence: Understanding the Relationship between Motivation, Learning, and Executive Functions" April 13, 2017  
Atlanta, GA
- Presented at Morris Brandon Elementary School on "Organized, Motivated, and Self-Sufficient Child" January 23, 2017  
Atlanta, GA
- Presented at Morris Brandon Elementary School on "Road to Excellence" March 31, 2016  
Atlanta, GA
- Presented at the International Dyslexia Association – Georgia Branch Outreach event on "Road to Excellence: Understanding the Relationship Between Motivation, Learning, and Executive Functions". October 27, 2015  
Atlanta, GA
- Presented at Heard's Ferry Elementary School on "How to Raise a Self-" September 30, 2015

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|---|----------------------------------|
| Sufficient Child"   | Atlanta, GA                      |
| • Presented at the International Dyslexia Association – Georgia Branch Outreach event on "Understanding How Executive Function Skills Impact Academic Success"                                      | March 5, 2015<br>Newnan, GA      |
| • Presented at the International Dyslexia Association – Georgia Branch Outreach event on "Understanding How Executive Function Skills Impact Academic Success"                                      | February 24, 2015<br>Atlanta, GA |
| • Presented at the International Dyslexic Association – Georgia Branch Outreach event on "Road to Excellence: Understanding the Relationship Between Motivation, Learning, and Executive Functions" | February 25, 2014<br>Atlanta, GA |
| • Presented at Ridgeview Charter School on "Tools, Rules and Attitudes: Using the Lens of Executive Functions for Effective Parenting"  | November 12, 2013<br>Atlanta, GA |

## Other Presentations (Past 5 Years)

- |   |                             |
|---|-----------------------------|
| • Spoke on the Healing Through Community Partnerships: Interfaith Panel on "Integrating Spirituality & Psychotherapy" | July 7, 2017<br>Atlanta, GA |
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## Teaching Experience

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|--|-----------------------------|
| • Taught a class as a guest lecturer to undergraduate students at the Georgia State University on "Comprehensive Management of Pediatric Traumatic Brain Injury"             | 2008-Present<br>Atlanta, GA |
| • Taught one class as a guest lecturer to undergraduate students at the Georgia State University on "Rehabilitation of patients with Mild Traumatic Brain Injury"            | 2003-2005<br>Atlanta, GA    |
| • Taught a graduate class as a guest lecturer at the Boston University on "Rehabilitation of Mild Cognitive Impairments" for the Masters students in Communication Disorders | April 2000<br>Boston, MA    |

## Licensure

- Certificate of Clinical Competence American Speech-Language Hearing Association (ASHA)
- Certificate from the Board of Academy of Neurogenic Communication Disorders: (BC-ANCDS)
- Georgia State SLP Licensure

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## Board Member

- Treasurer of Georgia Speech-Language-Hearing Foundation, Inc. 2016 - present
- Executive Committee member of Georgia Speech-Language-Hearing Association 2014 - present
- Brain Aneurysm Foundation – Member of the Medical Advisory Board 2013 - present
- International Dyslexia Association- Georgia Branch 2012 - present

## Publications

- "5-Keys to Unlock Executive Dysfunction in ADHD" February 25, 2013  
(<http://impactadhd.com/featured-expert/5-keys-to-unlock-executive-dysfunction-in-adhd-kids/>)
- Impaired Cognition & Cognitive Rehabilitation: Attaining Functional Change Using Process Based Training 2009

## Affiliations

- Member of American Speech and Hearing Association (ASHA)
- Member of ASHA's Special Interest Division for Neurogenic Communication Disorders-Since 2012
- Member of the Academy of Neurogenic Communication Disorders and Sciences (ANCDS)-Since 1997
- Member of European Association of Research on Learning and Instruction (EARLI)
- Member of Society of Personality and Social Psychology (SPSP)
- Member of International Mind, Brain and Education Society (IMBES)