

In Their Words



"To explicitly teach executive function, you have to involve the student first to help them understand where the weaknesses are. Once they embrace that, and want to move forward with maturity and their own educational journey, the explicitness is defined a lot easier in the classroom."- Head of School

"As a parent I value my child's ability to self-govern and self-assess because it only adds value for them. Whether it's the ability to know how to study, or the ability to know how to retain information or multi-task, all of that helps. If they can be the best they're intended and created to be, then that's what I want for them." - Parent





"I learned that everybody has weaknesses. Everybody's not perfect. We're all different and unique. We don't have the same differences and weaknesses, but we all have differences and weaknesses. I think it's really cool and unique to know that." - 7th Grade Student

"It's helped me keep going at things that sometimes are hard to do. Sometimes I wanna give up and it's kind of reminded me not to give up on things, just because there's usually a point in the end, if you just keep going." - 8th Grade Student





"ExQ is a game to challenge your brain, and to get you better at study skills... and skills that you will use in your everyday life." - 7th Grade Student

"ExQ taught me strategies almost like a puzzle, and you would have to figure out... You would almost trick your brain. So that in the future, the mistakes you made... or how to get through the puzzle would help you understand how to get over that skill you needed to know."- 8th Grade Student

