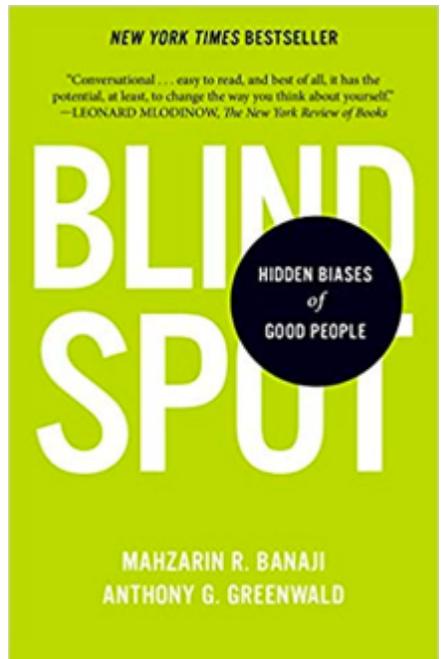
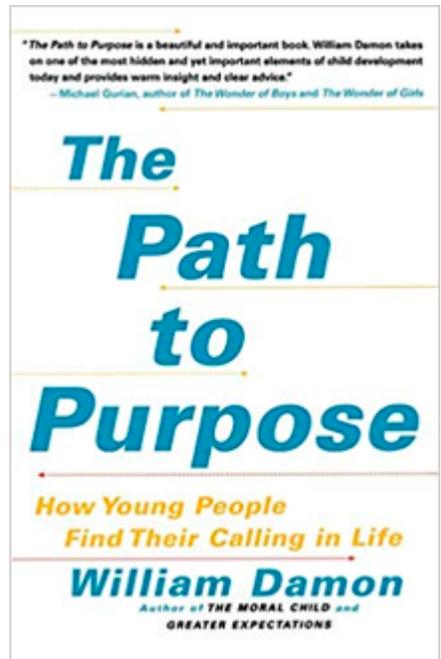
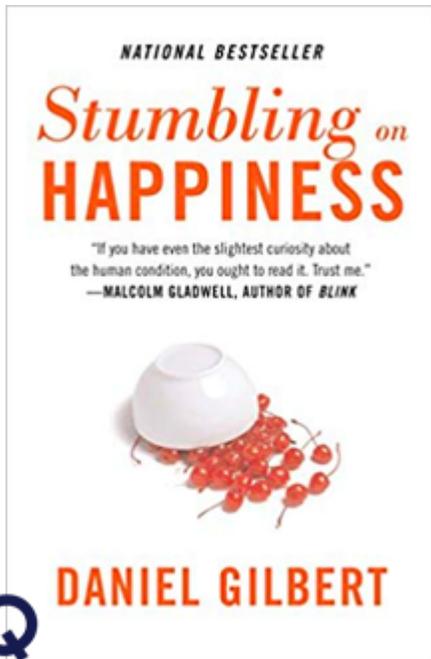
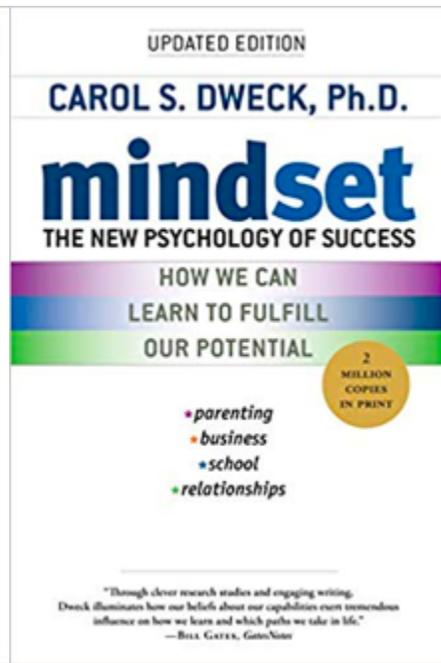
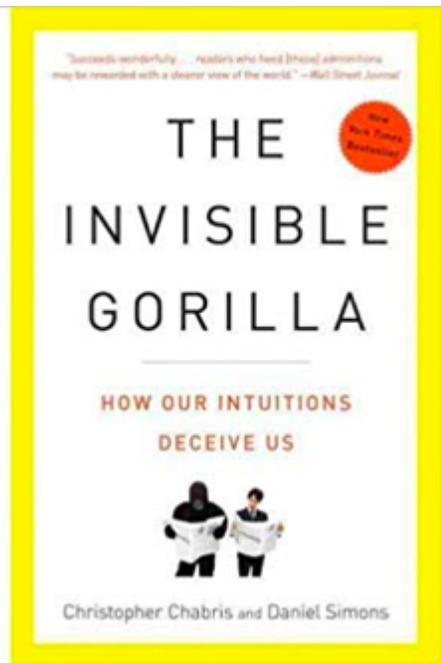
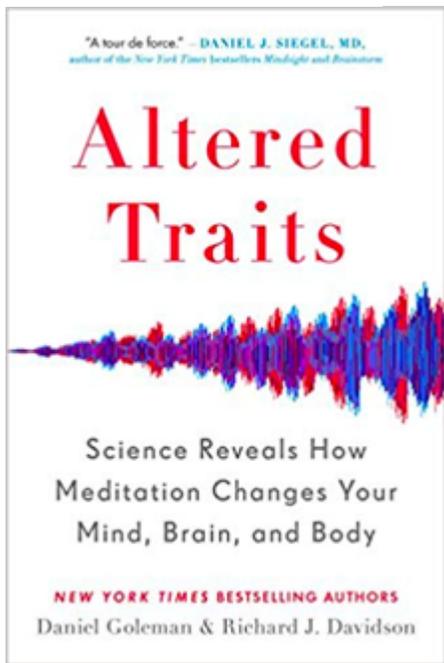




My Superpower "Know-How"

Illuminating the path to infinite possibilities by empowering Self-Awareness



More Reads:

- "Metacognition Is the Forgotten Secret to Success Insight into our own thoughts, or metacognition, is key to high achievement in all domains" by Stephen M. Fleming
<https://www.scientificamerican.com/article/metacognition-is-the-forgotten-secret-to-success/>
- "People Don't Actually Know Themselves Very Well" By Adam Grant
<https://www.theatlantic.com/health/archive/2018/03/you-dont-know-yourself-as-well-as-you-think-you-do/554612/>
- "Before I Could Change the World, I Had to Change Myself" By Susan Fowler
<https://www.nytimes.com/2019/05/30/opinion/power-self-improvement.html>
- "How to Move from Self-Awareness to Self-Improvement" Jennifer Porter
<https://hbr.org/2019/06/how-to-move-from-self-awareness-to-self-improvement>